**Summary of Triennial Assessment Results**

The Saint Philip Neri Wellness Policy identifies goals to support the wellness needs of the whole child.

**Meet Our Team**

Anne Jensen - Administrator

Lisa Plewa- PE and Health Teacher Pre-K-8

Margaret Collins – Food Service

Doria McCarthy- Classroom Teacher

Jeanie Garcia – Board Member and Health Professional

**Policy Compliance Results**

**Areas of Strength**

1. Our District is committed to serving healthy meals to students and staff.
2. Our district goes above and beyond the required physical activity requirements set by the state.
3. Our district follows USDA Nutrition Standards.

**Opportunities for Improvement**

1. Implementing the staff wellness goals outlined in the policy.
2. The district would like to offer additional wellness resources beyond classroom instruction.
3. Increasing community engagement in the wellness policy implementation.

**Wellness Policy Goals**

**Nutrition Goals**:

St. Philip Neri Catholic School will engage students, parents, teachers, food service professionals, health professionals and other interested community members in developing, implementing, monitoring and reviewing district wide wellness policies that will promote growth for all students and staff.

The school lunch program will meet the nutrition recommendations of the US Dietary Guidelines for Americans. Qualified nutrition professionals will provide students with access to a variety of affordable, nutritious and appealing foods.

**Physical Activity Goals:**

The school will encourage parents and guardians to support their child’s participation in physical activities and will work to offer physical activities in family events. Example: Fun Run, School Picnic, Field Day.

The school will encourage students to walk and run regularly to increase their cardiorespiratory endurance and to prevent a sedentary lifestyle. Example: Running Club.

Staff will be encouraged to increase their movement during the day to prevent a sedentary life style. Example: walking halls, using the stairs.

**Social Emotional Learning Goals:**

Teachers will receive training in the area of Social Emotional Learning.

The school will pilot a curriculum dedicated to social emotional learning for all students. Example: Friendzy

**Going Forward:**

Our district will continue to provide healthy meals to our students.

The district will provide opportunities for our students and staff to become more physically active.

The school will pilot the Frenzy program to meet the needs of the Social Emotional Learner.